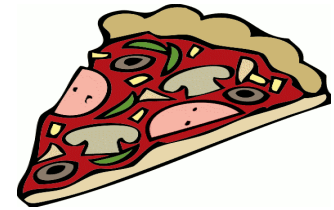




# Crew Menu



Day	Breakfast	Tea
Monday	Cereal, Toast, Pancakes, Waffles, Brioche & Crumpets, with various spreads. Juice, Milk , Water & Hot chocolate.	Beans or Spaghetti on toast Ham, Cheese or Tuna Sandwiches Chocolate mini roll, yoghurt or fresh fruit
Tuesday	Cereal, Toast, Pancakes, Waffles, Brioche & Crumpets, with various spreads. Juice, Milk , Water & Hot chocolate.	Fish fingers, chip & salad or cheese pizza , chips & salad Ham, Cheese or Tuna Sandwiches Brownie, mini shortbread or fresh fruit
Wednesday	Cereal, Toast, Pancakes, Waffles, Brioche & Crumpets, with various spreads. Juice, Milk , Water & Hot chocolate.	Breaded chicken burger or sausage sandwich with curly fries. Cornflake crunch , ice cream or fresh fruit
Thursday	Cereal, Toast, Pancakes, Waffles, Brioche & Crumpets, with various spreads. Juice, Milk , Water & Hot chocolate.	Pasta bake with garlic bread & salad or jacket potato with a choice of fillings Toffee bakewell, Yoghurts or fresh fruit
Friday	Cereal, Toast, Pancakes, Waffles, Brioche & Crumpets, with various spreads. Juice, Milk , Water & Hot chocolate.	Wraps, sandwiches, toasties with a choice of fillings, salad & crisps. Choc chip cookies , cherry bakewell or fresh fruit

Parents should inform crew of any food allergies.

Juice, water or milk is provided thought-out the session.

